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**Reflections of Reality: A Study of Sophie Mackintosh's *The Water Cure* and  
Louise Erdrich's *Future Home of the Living God***

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**Abstract:**

In a world full of violence and suffering, dystopia serves as a powerful tool to reflect the existing condition of society. From the time it emerged as a genre in the twentieth century to the present day, it continues to take existing social and political concerns into consideration and amplify them to an extreme level. In the last few decades, there have been several women writers who penned dystopian narratives, portraying a society where women are forced to live under the control of the patriarchal government which snatched their basic rights away. The rise in dystopian writing was mainly because of abortion ban politics and violence against women all over the world. Thus, in this context, the paper aims to analyse two dystopian novels *The Water Cure* (2018) by Sophie Mackintosh and *Future Home of the Living God* (2017) by Louise Erdrich, which delve into the complexities and anxieties of the existing society, to see how the social and political circumstances shaped their dystopian narratives. This paper argues that by portraying real-world issues such as gender inequality, oppression, destruction of personal freedom, and violence, both writers use their narratives to critique the existing social and political landscapes, effectively bringing forth pressing issues and prompting readers to question the norms of society. Their dystopian visions serve as a powerful commentary on the need for social and political reform.

**Keywords:** Dystopia, Control, Resistance, Reflection, Social Critique.